

## BASICS OF [DIGITAL] AUDIO

### Frequency of Sound

Frequency is the **number of times a waveform repeats** (i.e. completes one full cycle/period) **within a specific amount of time** (usually 1 second). Higher frequencies are perceived as higher pitches, and vice versa. Frequency of sound is usually measured in **Hertz (Hz)**, **1 Hertz = 1 cycle per second**.

#### *NOTE:*

**Cycle** usually indicates one full waveform: starting at 0, going up to the highest point, going back down to 0, going down to the lowest point, and then finally returning to 0.

**Period** is the length of time 1 cycle takes, but is often marked/measured as the time between 2 peaks/troughs in the waveform.

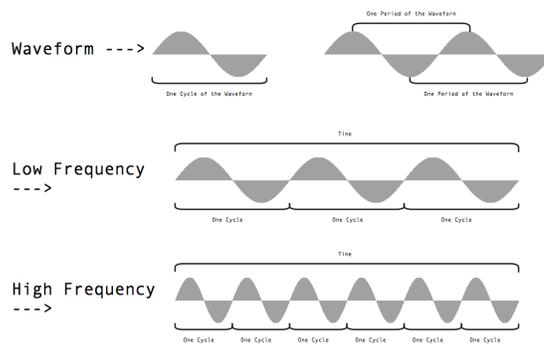


FIGURE 1. Relationship of cycle/period to the frequency of a sound.

<http://ears.pierrecouprie.fr/spip.php?article73>

<http://www.physicsclassroom.com/class/sound/Lesson-2/Pitch-and-Frequency>

[https://en.wikipedia.org/wiki/Audio\\_frequency](https://en.wikipedia.org/wiki/Audio_frequency)

<http://www.indiana.edu/~emusic/acoustics/frequency.htm>

<http://www.nchearingloss.org/freq.htm?fromncshhh>

## Sampling Rate

Sampling, in signal processing, is the conversion of a continuous signal (i.e. audio) into a series of discrete steps. The “sampling rate” is the number of samples taken per second, and directly effects the highest frequency you can sample/create (see Nyquist Frequency).

[https://en.wikipedia.org/wiki/Sampling\\_\(signal\\_processing\)#Sampling\\_rate](https://en.wikipedia.org/wiki/Sampling_(signal_processing)#Sampling_rate)

[http://wiki.audacityteam.org/wiki/Sample\\_Rates](http://wiki.audacityteam.org/wiki/Sample_Rates)

<http://www.digitizationguidelines.gov/term.php?term=samplingrateaudio>

## Nyquist Frequency

The “Nyquist Frequency” is the highest frequency possible given by a specific sampling rate. It is always **LESS than half** the sampling rate! So, for example, if your sampling rate is 48000 samples per second (48kHz), then the Nyquist Frequency is  $< \frac{48000}{2} = < 24\text{kHz}$ .

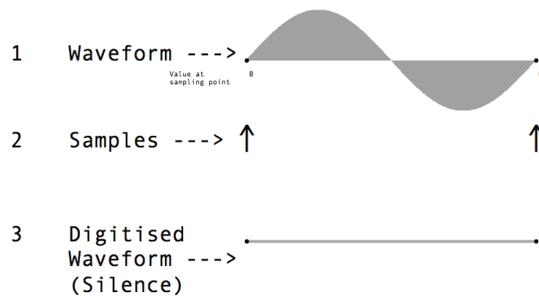


FIGURE 2. Digital Conversion of an analog signal using a sample rate **EQUAL** to the frequency of the waveform.

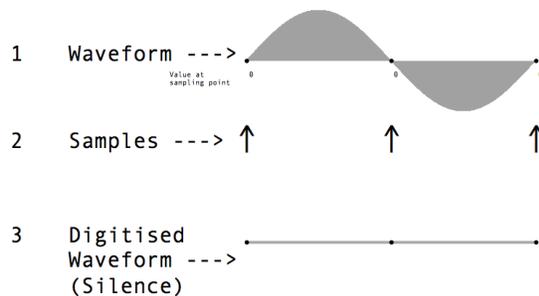


FIGURE 3. Digital Conversion of an analog signal using a sample rate **TWICE** the frequency of the waveform.

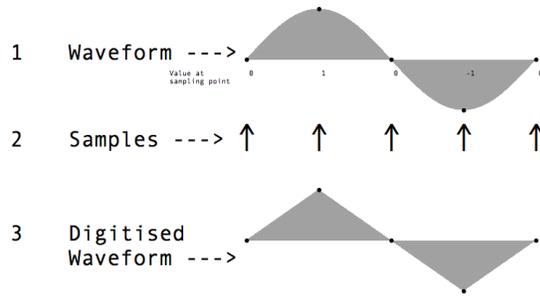


FIGURE 4. Digital Conversion of an analog signal using a sample rate **MORE THAN TWICE** the frequency of the waveform. Note how the original waveform is still distorted, an even higher sampling rate would smooth out the digitised waveform.

Frequencies above the **Nyquist Frequency** result in **aliasing**. This means that those frequencies become folded back to a frequency below the Nyquist Frequency.

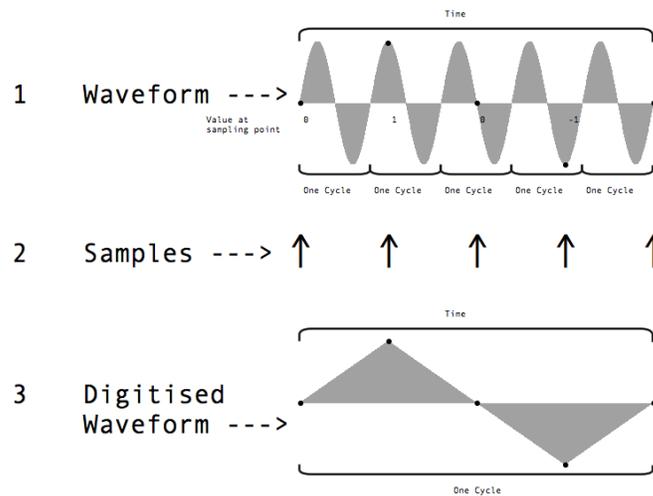


FIGURE 5. Aliasing from using too **SMALL** a sampling rate. Note how the **frequency** of the digitised sound is  $\frac{1}{5}$ th of the frequency of the original sound!!!

Higher **Sampling Rates** mean higher maximum frequencies, and also more accurate conversion of sounds (see Figs. 2 - 4). **BUT** at a certain point we go beyond the range of frequencies humans can actually hear (roughly 20Hz - 20kHz) so the benefits become, well, questionable...

[http://www.indiana.edu/~emusic/etext/digital\\_audio/chapter5\\_nyquist.shtml](http://www.indiana.edu/~emusic/etext/digital_audio/chapter5_nyquist.shtml) <http://mathworld.wolfram.com/NyquistFrequency.html>

[https://en.wikipedia.org/wiki/Nyquist\\_frequency](https://en.wikipedia.org/wiki/Nyquist_frequency)

## Bit Depth

Bit depth is the number of bits used for each sample. The **higher** the bit depth the more accurate each sample is, and therefore the more closely the sampled (digitised) waveform will represent the original waveform. Each sample taken that does not equal a bit value is rounded to the nearest bit, this is called **quantization** (see Figs. 8 and 9).

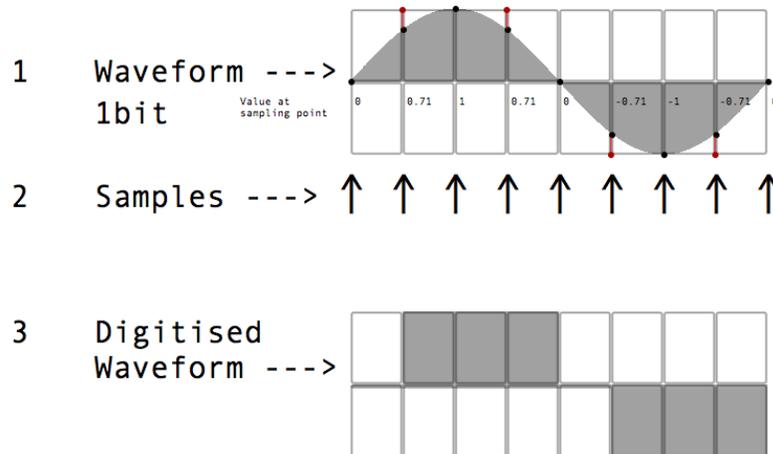


FIGURE 6. Sampling using a bit depth of 1 (red lines and dots represent quantization).

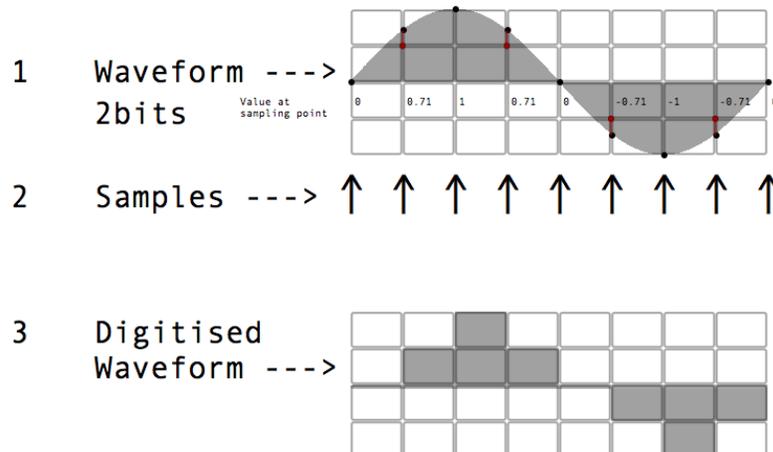


FIGURE 7. Sampling using a bit depth of 2. Note how the digitised waveform already begins to resemble the original more closely.

<https://documentation.apple.com/en/finalcutpro/usermanual/index.html#chapter=52%26section=7%26tasks=true>

<http://mp3.about.com/od/glossary/g/Bit-Depth-Definition-What-Does-Bit-Depth-Mean.htm>  
[https://en.wikipedia.org/wiki/Audio\\_bit\\_depth](https://en.wikipedia.org/wiki/Audio_bit_depth)

## CONCLUSION

- **Sampling Rate** is **how often** samples are taken. It relates to frequency - specifically the highest frequencies which can be sampled.
  - **Bit Rate** is **how accurate** the value taken for each sample is. It directly affects the **Dynamic Range**, i.e. the range of different values that can be sampled from quietest sounds to the loudest.
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## Envelope

“The shape of a sound’s **amplitude** in time<sup>1</sup>.”

“The profile of the evolution of the intensity and/or spectrum of a sound during its duration. Other uses of the term concern frequency and filter evolution in time, primarily on synthesizers<sup>2</sup>.”

With acoustic sounds we often talk about amplitude envelopes in terms of:

- **Attack**: the duration from a zero to a maximum amplitude.
- **Sustain**: the level of the steady state amplitude.
- **Decay**: the duration from the steady state to its final zero amplitude<sup>3</sup>.

Analog and Digital Synthesizers often have **ADSR** controls for amplitude envelopes:

- **Attack (A)**: the duration from a zero to a maximum amplitude.
- **Decay (D)**: the duration from the initial maximum amplitude to a stable state amplitude.
- **Sustain (S)**: the level of the steady state amplitude.
- **Release (R)**: the duration from the steady state to its final zero amplitude<sup>4</sup>.

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<sup>1</sup><http://www.sfu.ca/sonic-studio/handbook/Envelope.html>

<sup>2</sup><http://ears.pierrecouprrie.fr/spip.php?article70>

<sup>3</sup><http://www.sfu.ca/sonic-studio/handbook/Envelope.html>

<sup>4</sup><http://ears.pierrecouprrie.fr/spip.php?article483>

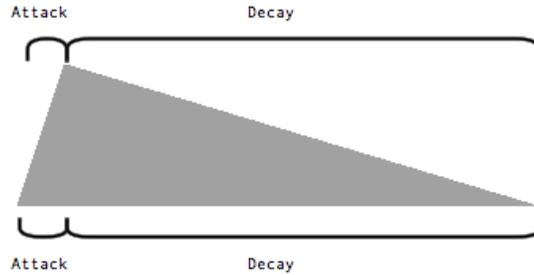


FIGURE 8. An envelope with a **short/sharp** attack and a **slow/soft/gentle** decay.

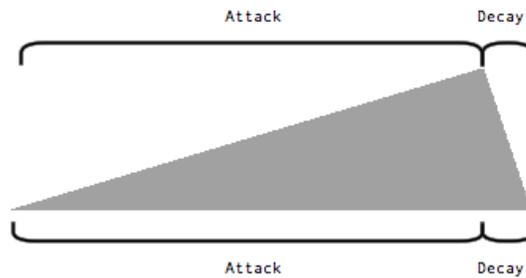


FIGURE 9. An envelope with a **slow/soft/gentle** attack and a **short/sharp** decay.

## Spectrum/Timbre

“The frequency content of a sound or audio signal is its **spectrum**<sup>5</sup>.”

“The behaviour in time of the spectrum of a sound determines its **timbre**<sup>6</sup>.”

## Signal-to-noise Ratio

“The ratio of the magnitude of the wanted signal to that of the unwanted noise...

**A signal-to-noise ratio is said to be favorable when the signal predominates; that is, it can be clearly distinguished from the noise... When signal and noise are less clearly distinguishable, the signal-to-noise ratio is said to be poor or low<sup>7</sup>.**”

<sup>5</sup><http://www.sfu.ca/sonic-studio/handbook/Spectrum.html>

<sup>6</sup><http://www.sfu.ca/sonic-studio/handbook/Timbre.html>

<sup>7</sup>[http://www.sfu.ca/sonic-studio/handbook/Signal-To-Noise\\_Ratio.html](http://www.sfu.ca/sonic-studio/handbook/Signal-To-Noise_Ratio.html)

## **Hi-Fi**

“Abbr. for high-fidelity, that is, a system reproducing a full audio frequency spectrum (20 to 20,000 Hz) and a favourable Signal-to-Noise Ratio...

**...the hi-fi environment is one where all sounds may be heard clearly without being crowded or masked by other sounds and noise<sup>8</sup>.”**

## **Lo-Fi**

“Abbr. for low-fidelity, that is, a system which reproduces less than a full frequency spectrum, and which has a poor Signal-to-Noise Ratio...

**...the lo-fi environment is one in which signals are overcrowded, resulting in masking and lack of clarity<sup>9</sup>.”**

## **Masking**

“The effect one sound has on another by making it harder or impossible to hear<sup>10</sup>.”

## **Other Resources:**

[Handbook for Acoustic Ecology](#)

[EARS \(ElectroAcoustic Research Site\)](#)

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<sup>8</sup><http://www.sfu.ca/sonic-studio/handbook/Hi-Fi.html>

<sup>9</sup><http://www.sfu.ca/sonic-studio/handbook/Lo-Fi.html>

<sup>10</sup><http://www.sfu.ca/sonic-studio/handbook/Mask.html>